

	400k Salisbury-Oakboro-Ellerbe-Raeford			
	Laurelhill-Norwood-Locust			
400k				0km start: 08/04 06:00
Total	C_T	Turn	Go	on road
.0	.0	Exit	.1	Magic Mart Parking lot
.1	.1	Right	.1	Jake Alexander
.2	.2	Right	.8	Klumac
1.0	1.0	Left	.4	Julian
1.4	1.4	Right	.7	Summit Park Dr
2.1	2.1	Left	.7	Ritchie
2.8	2.8	Right	.6	Old Concord Rd / Salisbury Rd
3.4	3.4	Left	1.6	St Paul Church Rd
5.0	5.0	Right	.7	Yates Rd
5.7	5.7	Left	.5	Lippard / Raney
6.2	6.2	Right	2.8	Faith Rd / S Main Faith St
9.0	9.0	Left	.1	NC 152
9.1	9.1	Right	1.7	Organ Church Rd
10.8	10.8	Right	.2	Old Beatty Ford Rd
11.0	11.0	Left	2.2	Organ Church Rd
				Store - Organ & Old Beatty Ford Rd
13.2	13.2	Continue	6.7	Mount Pleasant Rd
	Cross NC-49 at Hardee's			
19.9	19.9	Straight	1.1	N Main St
21.0	21.0	Left	.3	Lee St NO SIGN 1 st left – Bike Route
21.3	21.3	Right	.1	Short St
21.4	21.4	Left	3.0	Bowman Barrier Rd
24.4	24.4	Right	2.1	Lambert Rd
26.5	26.5	Slight Left	.6	Five Point Rd
27.1	27.1	Right	5.6	Ridgecrest Rd
32.7	32.7	Straight	3.7	Red Cross Rd / NC-205 / Main St
36.4	36.4	Left	.0	Store - Main St & 1st St
		into		59km open: 08/04 07:44
		Control		(36mi) close: 08/04 09:57

400k				Oakboro – Ellerbe
Total	C_T	Turn	Go	on road
36.4	.0	Left	.1	Main St / NC 205
36.5	.1	Left	6.2	Aquadale Rd / NC-138
42.7	6.3	Left	.2	Plank / NC 138
42.9	6.5	Right	3.4	S Stanly School Rd
46.3	9.9	TC	.0	
46.3	9.9	2nd Right	2.2	S Stanly School Rd
48.5	12.1	Right	1.3	N Main St / US-52
49.8	13.4	Left	1.3	Fork Rd (at Dollar General - before FoodLion)
51.1	14.7	Left	5.7	NC-731 / NC Hwy 731 W / W Allenton St
56.8	20.4	Right	16.3	NC 73 / N Main St
73.1	36.7	Bear Right	1.2	Wallace Rd SSR 1313
74.3	37.9	Right	.6	US-220 / Main St
74.9	38.5			Store on right
		into		121km open: 08/04 09:34
		Control		(75mi) close: 08/04 14:04

400k				Ellerbe – Raeford
Total	C_T	Turn	Go	on road
74.9	.0	Right	.0	Church St / Millstone Rd
74.9	.0	Left	1.2	Church St / Millstone Rd
76.1	1.2	Right	3.0	Millstone Rd – NO Sign
	1.4	Cross		I-74
		next 11 miles		Follow signs to Speedway – Dragway
79.1	4.2	Right	1.8	Sandhill Game Management Rd
80.9	6.0	Left	6.9	Beaverdam Church Rd
87.8	12.9	Left	.9	US-1 N
				– construction
88.7	13.8	Right	5.5	Marston Rd / Sneads Grove Rd
Caution Construction Area – Walk across unpaved areas				
		Be polite to construction workers		
				– cross Marston
94.2	19.3	Straight	3.7	Sneads Grove Rd
97.9	23.0	Left	.7	Simpson
98.6	23.7	Left	.6	Camp Monroe
99.2	24.3	Right	.9	Hoffman
100.1	25.2	Straight	1.1	Silver Hill
101.1	26.3	Left	.4	US-15 N / US-501 N / Aberdeen
101.5	26.7	Right	.1	Arch McLean
101.6	26.8	Left	14.0	Turnpike / Horace Walter
115.6	40.8	Right	1.9	Wallace McLean
117.5	42.7	Left	.3	US-401 / Laurinburg Dr
117.8	43.0	Right	1.2	Palmer
119.0	44.2	Right		Control – store – Raeford
		into		192km open: 08/04 11:39
		Control		(119mi) close: 08/04 18:48

400k				Raeford – Laurel Hill
Total	C_T	Turn	Go	on road
119.0	.0	Right	.0	Palmer
119.0	.0	Right	.5	NC-211 / Red Spring Hwy
119.5	.5	Right	8.9	Old Maxton
128.4	9.4	Right	3.8	Spring Hill
132.2	13.2	Continue	.6	River – crossing bridge
132.8	13.8	Bear Right	1.1	Riverton
133.9	14.9	Left	.4	Main St / NC 205
134.3	15.3	Right	8.9	NC-144 / Old Wire
143.2	24.2	Right	.0	Sneads Grove
143.2	24.2	Right		Control – store – Laurel Hill
		into		230km open: 08/04 12:49
		Control		(143mi) close: 08/04 21:20

400k				Laurel Hill – Norwood
Total	C_T	Turn	Go	on road
143.2	.0	Right	2.1	Sneads Grove
145.3	2.1	Left	4.9	Sneads Grove
150.2	7.0	Straight	5.5	Sneads Grove
Caution Construction Area – Walk across unpaved areas				
Be polite to construction workers				
155.7	12.5	Left	.9	US-1 S
156.6	13.4	Right	6.9	Beaverdam Church
163.5	20.3	Right	1.9	Sandhill Game Management
165.4	22.2	Left	3.1	Millstone / Church St
Next turn – Green Sign – to Ellerbe				
168.5	25.3	Left	1.2	Millstone / Church St – NO Sign – 1499
169.7	26.5	Right	.6	US 220 / Main St
Quik Chek 6am – 11pm				
170.3	27.1	Left	1.3	Wallace
171.6	28.4	Left	16.3	NC 73
187.9	44.7	Left	5.7	NC 731
193.6	50.4	Right	1.4	Fork Rd
195.0	51.8	Right	.8	US 52 / Main St
195.8	52.6	Right		Control – Norwood
		into		315km open: 08/04 15:29
		Control		(196mi) close: 08/05 03:00
400k				
Norwood – Locust				
Total	C_T	Turn	Go	on road
195.8	.0	Right	.5	US 52 / Main St
196.3	.5	Left	2.2	S Stanly School Rd
Subway after turn on Stanly School				
198.5	2.7	T Circle	.0	
198.5	2.7	2 nd Right	3.4	S Stanly School Rd
201.9	6.1	Left	.2	NC 138 / Aquadale Rd / Plank Rd
202.1	6.3	Right	6.2	NC 138 / Aquadale Rd
208.3	12.5	Right	1.7	S Main St / NC 205
210.0	14.2	Left	4.3	Big Lick
214.3	18.5	Right	1.6	Elm St
215.9	20.1	Right	.2	S Central Ave / NC-200
216.1	20.3	Left		Store - NC-200 & NC-24/27
		into		348km open: 08/04 16:30

		Control		(216mi) close: 08/05 05:12
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400k				Locust – Salisbury
Total	C_T	Turn	Go	on road
216.1	.0	Left	3.2	Central Ave N / NC-200
219.3	3.2	Right	2.0	County Line Rd
221.3	5.2	Right	1.4	Smiths Lake Rd
222.7	6.6	Left	1.2	Barrier Store Rd
223.9	7.8	Right	.1	Hahn Scott Rd
224.0	7.9	Left	2.1	Long Run Farm Rd
226.1	10.0	Left	1.0	Bowman Barrier Rd
227.1	11.0	Right	.1	Short St
227.2	11.1	Left	.3	Lee St
227.5	11.4	Right	1.1	S Main St
		Cross NC-49 at Hardee's		
228.6	12.5	Straight	.6	N Main St
229.2	13.1	Continue	6.2	Mount Pleasant Rd
235.4	19.3	Continue	2.3	Organ Church Rd
237.7	21.6			Store - Organ & Old Beatty Ford Rd
237.7	21.6	Right	.1	Old Beatty Ford Rd
237.8	21.7	Left	1.7	Organ Church Rd
239.5	23.4	Left	.1	NC 152
239.6	23.5	Right	2.8	Faith Rd / S Main Faith St
242.4	26.3	Left	.5	Raney – – downtown Faith
242.9	26.8	Right	.7	Yates Rd
243.6	27.5	Left	1.6	St Paul Church Rd
245.2	29.1	Right	.6	Old Concord Rd / Salisbury Rd
245.8	29.7	Left	.7	Ritchie
246.5	30.4	Right	.6	Summit Park Dr
247.1	31.0	Left	.4	Julian
247.5	31.4	Right	.9	Klumac
248.4	32.3	Left	.1	Jake Alexander
248.5	32.4	Left	.1	Magic Mart Parking lot
248.6	32.5			Finish control
		into		400km open: 08/04 18:08
		Control		(249mi) close: 08/05 09:00
	For Emergenies use 911 type services			
	This event has no official Sag Support			
	To Report DNF and travel			
	intentions to finish: call 980.224.3747			